

# Week



Monday

Pork & Carrot Meatballs  
*(With freshly-made tomato sauce)*  
Mediterranean Omelette (V)  
Quorn Balls (V)  
*(With freshly-made tomato sauce)*

Tuesday

Selection of Fish  
*(Including salmon)*  
Selection of Hot & Cold Wraps  
Quorn Fajitas (V)

Jacket Wedges, Creamed Potatoes  
Baked Beans, Peas  
Chocolate & Vanilla Shortbread

Wednesday

Roast Beef  
*(With Yorkshire pudding & gravy)*  
Linda McCartney  
Sausage in a Yorkshire Pudding (V)

Roast & Creamed Potatoes  
Carrots, Cauliflower, Peas

Thursday

Selection of Fish  
Chicken with Pasta & Sweetcorn  
Creamy Pasta Bake (V)

Creamed Potatoes  
Fresh Bread Wedge  
Baked Beans, Broccoli

Selection of Cookies

Friday

Pizza  
*(With a selection of toppings)*  
Cottage Pie *(With gravy)*  
Potato & Vegetable Gratin (V)

Chips, Creamed Potatoes  
Sweetcorn, Carrots

Apple & Oat  
Brownie

Menu Weeks

04-03-2019  
25-03-2019

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# Week



Monday

Selection of Fish  
Beef Pie *(With gravy)*  
Vegetable Pie *(With gravy)* (V)

Creamed Potatoes, Pasta  
Peas, Carrots

Flapjack

Tuesday

Pork Sausages  
Roast Vegetable & Cheese Parcel (V)  
Linda McCartney  
Vegetarian Sausage (V)

Chips, Jacket Potato  
Sweetcorn, Baked Beans

Apple Crumble & Custard

Wednesday

Roast Chicken *(With gravy)*  
Quorn Fillet (V) *(With gravy)*

Roast & Creamed Potatoes  
Carrots, Cabbage  
Leek & Sweet Potato Bake

Vanilla & Chocolate  
Cupcakes

Thursday

Beef Bolognese  
Selection of Fish  
*(Including salmon)*  
Vegetable & Lentil Bolognese (V)

Baby Potatoes  
Spaghetti, Peas, Carrots

Chocolate Sponge  
& Chocolate Sauce

Friday

Pizza  
*(With a selection of toppings)*  
Sweet Chili Chicken  
Sweet Chili Quorn (V)

Jacket Wedges  
Noodles  
Sweetcorn, Baked Beans

Selection of Cookies

Menu Weeks

11-03-2019  
01-04-2019

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# Week



Monday

Beef Grill  
Pasta Neapolitan (V)  
Linda McCartney  
Vegetarian Sausage (V)

Chips, Fresh Bread Wedge  
Baked Beans, Broccoli

Assorted Fruit Muffins  
*(Apple, blueberry & orange)*

Tuesday

Chicken Tikka Masala  
*(With naan bread)*  
Selection of Fish

Cauliflower & Sweet  
Potato Curry (V)  
Brown & White Rice  
Baby Potatoes  
Sweetcorn, Peas

Toffee Cake  
& Custard

Wednesday

Roast Pork  
*(With apple sauce & gravy)*  
Cheese & Red  
Onion Quiche (V)

Roast & Creamed Potatoes  
Carrots, Cauliflower  
& Broccoli

Selection of Cookies

Thursday

Crispy Chicken  
*(With sweet & sour sauce)*  
Jacket Potato (V)  
*(With cheese & pineapple)*  
Quorn (V)  
*(With sweet & sour sauce)*

Noodles  
Baked Beans, Sweetcorn

Vanilla Iced Sponge  
& Custard

Friday

Pizza  
*(With a selection of toppings)*  
Italian Pasta  
Italian Bean Bake (V)

Jacket Potato Slices, Pasta  
Peas, Carrots

Fruity Friday  
Fresh Fruit Salad, Fruit Platter  
Fruit Jelly  
or Yoghurt

Menu Weeks

25-02-2019  
18-03-2019  
08-04-2019

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Available daily. Freshly made bread, selection of salads, fresh fruit and assorted yoghurts as an alternative to dessert of the day. The menu may vary on promotional days. Allergy information is available on request.